

Supplement Facts

Serving Size: 1 Scoop (6.5 g)

Servings Per Container: 30

	Amount Serving	Per% Value	Daily
Calories	15		
Total Fat	0.5 g	<1%*	
Total Carbohydrate	3 g	1%*	
Vitamin C (as ascorbic acid)	100 mg	111%	
Biotin	5,000 mcg	16,667%	
Magnesium (as magnesium citrate)	100 mg	24%	
Zinc (as zinc gluconate)	7.5 mg	68%	
Copper (as copper citrate)	0.5 mg	56%	
Manganese (as manganese citrate)	2 mg	87%	
Sodium	5 mg	<1%	
MSM (methylsulfonylmethane)	1,000 mg	†	
Coconut oil powder, Flaxseed powder (providing 50 mg of omega-3 fatty acids), Avocado oil	800 mg	†	
Organic Berries Blend: Raspberry, cherry, strawberry, acai (<i>Euterpe oleracea</i>), pomegranate, apple, banana, bilberry, goji (<i>Lycium barbarum</i>), black currant, elderberry, grape, maqui berry, pineapple, papaya	500 mg	†	
ProCollagen and ProElastin Complex: Mangosteen fruit hull extract, green tea leaf extract, grape seed extract and organic amla fruit powder	100 mg	†	
Wild blueberry fruit powder (3% polyphenols)	100 mg	†	
Tomato Lycopene Complex: Tomato powder and lycopene 10%	50 mg	†	

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily value not established.

Other ingredients: Maltodextrin, natural flavors, citric acid, malic acid, guar gum, xanthan gum, highly purified steviol glycosides and silica.

Contains milk.